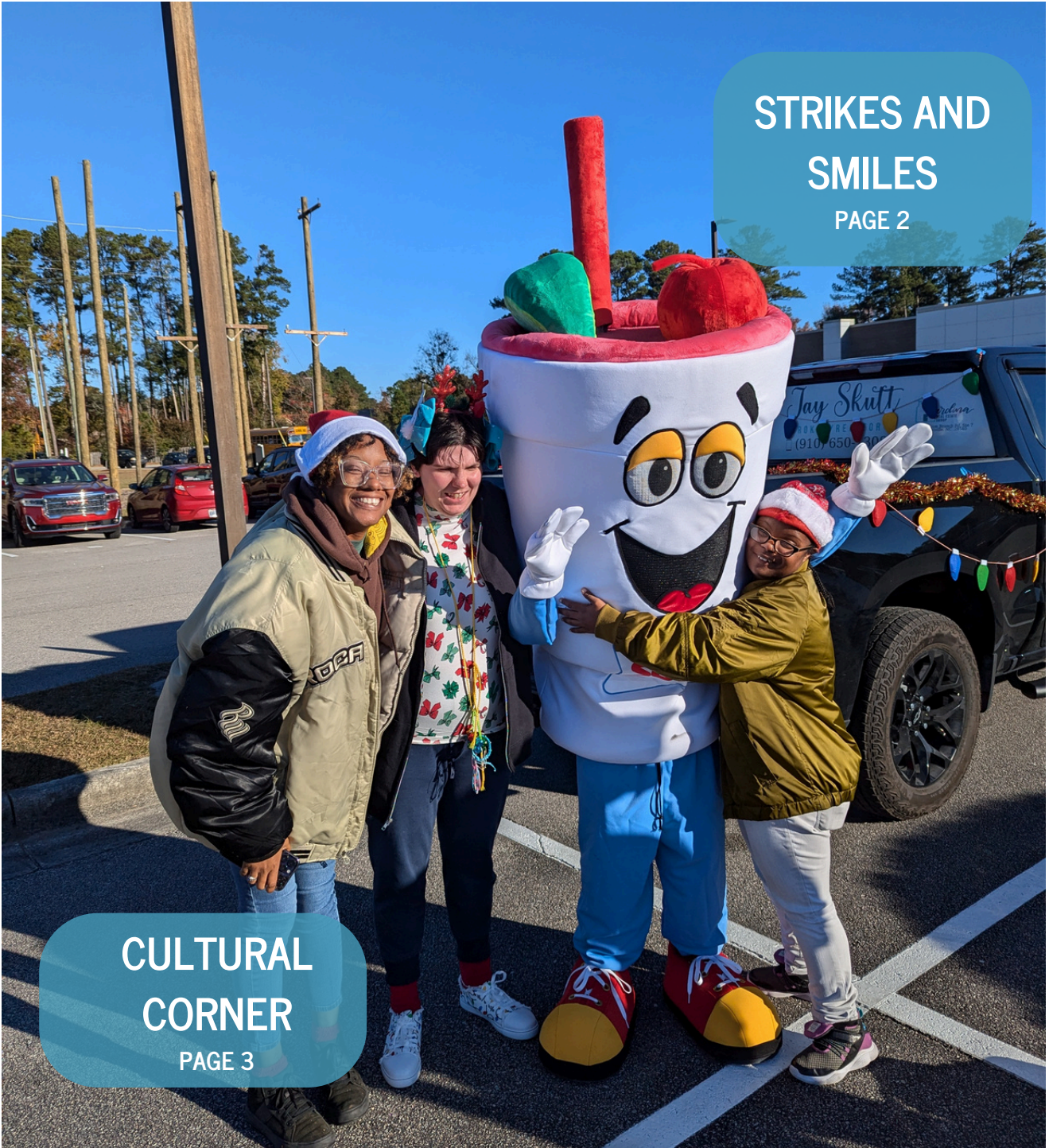


# Tailored News



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## STAFF SHOUTOUT: DILMER MERAZ

Dilmer is SR2's newest In-Charge. Learn more about Dilmer on Page 1!

## MEMBER SPOTLIGHT: MINDY IPOCK

Mindy has lived at Carobell since 1993. Learn more about Mindy on Page 1!



## STAFF SHOUTOUT: DILMER MERAZ



Dilmer joined Carobell in September 2023, and in just a few months, he was already taking strides toward excellence by completing the med training class. Not long after, he stepped up as an in-charge, and as of November, he's proudly SR2's newest in-charge!

Dilmer's dedication shines through in his commitment to serving our members, assisting in other homes, and even going the extra mile to stay over when needed. Thank you, Dilmer, for your hard work and passion—you make a difference every day!

## MEMBER SPOTLIGHT Mindy Ipock



Mindy has lived at Carobell for over 30 years, since 1993; and, this year, in March, she celebrated the Big 4-0! One of Mindy's greatest strengths is her very bubbly and outgoing personality. She loves to interact with people, especially people that she finds amusing, humorous, or willing to have fun with her. Mindy is excited about participating in a variety of activities and is always willing to help. Mindy has worked in Carobell's vocational program, independently stuffing dog beds and receiving a paycheck for her work. She also enjoys participating in her community and giving back through such activities as the CHEW program which provides weekend backpacks with supplies to selected elementary school students.

Mindy has a distinctive squeal of delight when she is excited, especially when she encounters familiar people whom she has not seen in a while. She waves enthusiastically and often "introduces" her favorite people to one another by taking their hands and encouraging them to shake! She loves to be the last to leave any social event and will actively protest if someone attempts to assist her home too early! Mindy is typically a very playful individual who enjoys painting, drawing, and other craft activities. She especially loves stickers and is very enthusiastic about miniature bite-sized snacks, such as Teddy Grahams, goldfish-style crackers, or candy. Mindy also enjoys the sensory experience of bubble wrap. She is happy to select bubble wrap as a leisure time "activity" and sit at the table, popping bubbles, giggling after each one and urging other people to join in her fun! She also enjoys looking at magazines and catalogues, listening to music, participating in exercise videos, and using her iPad for puzzles and games.

Mindy looks forward to spending time with her family, typically going out each week with her mom. Some recent activities that she has participated in are: attending a musical event hosted by One Place at Onslow Park, participating in Special Olympics, going out to Pizza Hut for lunch, celebrating Cinco de Mayo, enjoying a Fourth of July cookout and cooling off with water day. Be sure to keep your eyes open for Mindy when you're at Carobell! You can't miss her!

~ She'll be the one with the big smile and a plan for fun! ~



## HOLIDAY PARADE!

Our members and staff had an amazing time spreading holiday cheer at the annual Jacksonville Parade! From festive floats to big smiles, the spirit of the season was truly alive. Thank you to everyone who joined us in making this event unforgettable!



## STRIKES AND SMILES: BOWLING FUN!

Our members had an absolute blast hitting the lanes and cheering each other on during our bowling day! From strikes to gutter balls, the fun and laughter never stopped. Here's to great memories





## CAROBELL'S CULTURAL CORNER

Ensuring cultural competency is an integral part of developing a system of care that is embedded in cultural and linguistic responsiveness.

This month, we focused on cultural competency with events from our Fall Festival, celebrating diversity and connection. Members and staff came together to explore traditions, enjoy festive activities, and learn from one another. It was a month full of meaningful moments and shared experiences!



### Mission

As a community service provider, we hold a passion and commitment to administering the highest quality of care and service delivery. With our dedication to person-centered outcomes, Carobell Inc. leverages established best practices to fulfill our goal of continuous quality improvement; while implementing holistic, innovative, techniques and strategies we aim to empower our members to reach their fullest potential.

### Vision

To continue to develop professional services and quality supports that focus on empowering independence and personal dignity.

### Philosophy

Carobell's scope and philosophy holds that all individuals regardless of ability level, their gender, sexual orientation, sexual preference, age, and language have the right to full inclusion in the community of his/her choice. We embrace the principles of the founders that the individuals we serve are treated with the utmost respect. The participation of family, friends, natural supports, and all other stakeholders as key members of each individual's circle of support is highly encouraged. Carobell's commitment to providing a quality, person-centered way of life in the safest environment possible is illuminated by its statewide reputation and reflects the pride of the communities it serves.



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